Federal State Budgetary Educational Institution of Higher Education "Privolzhsky Research Medical University" Ministry of Health of the Russian Federation



WORKING PROGRAM

Name of the academic discipline: MEDICAL PHYSICS

Specialty: 31.05.03 DENTISTRY

Qualification: DENTIST

Department: MEDICAL BIOPHYSICS

Mode of study: FULL-TIME

Labor intensity of the academic discipline: 72 academic hours

Nizhny Novgorod 2021 The working program has been developed in accordance with the Federal State Educational Standard for specialty 31.05.03 DENTISTRY approved by Order of the Ministry of Science and Higher Education of the Russian Federation No. 984 of August 12, 2020.

Developers of the working program:

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S.L. Malinovskaya, Ph.D. (Biology), Professor of the Department of Medical Biophysics of Federal State Budgetary Educational Institution of Higher Education «Privolzhsky Research Medical University» of the Ministry of Health of the Russian Federation

The program was reviewed and approved at the department meeting of the Department of Medical Biophysics (protocol No. 9, <u>April 15, 2021</u>) Head of the Department of Medical Biophysics, Ph.D. (Physical and Mathematical Sciences), Ph.D. (Biology), <u>Mathematical Sciences</u>), Ph.D. (Biology), <u>D.I. Iydin</u> (signature)

April 15, 2021

AGREED Deputy Head of EMA ph.d. of biology

____ Lovtsova L.V.

(signature)

April 15, 2021

1. The purpose and objectives of mastering the academic discipline « Medical Physics» (hereinafter – the discipline):

1.1. **The purpose of mastering the discipline:** participation in the formation of UC-1 competencies consists in the formation of students' ability to carry out a critical analysis of problem situations based on a systematic approach, to develop an action strategy.

1.2. Tasks of the discipline:

 \succ formation of logical thinking among students of the medical faculty, the ability to accurately formulate a task, the ability to isolate the main and secondary, the ability to draw conclusions based on the obtained measurement results;

> acquisition by students of the ability to draw conclusions based on the obtained measurement results;

 \succ study of sections of applied physics, which consider the principles of operation and capabilities of medical equipment used in diagnosis and treatment;

 \succ teaching students mathematical methods that are used in medicine and allow them to extract the necessary information from the results of observations and measurements, to assess the degree of reliability of the data obtained;

formation of skills for studying scientific literature;

> training of students in safety when working with electronic and optical equipment.

1.3. Requirements to the deliverables of mastering the discipline

As a result of completing the discipline, the student should

Know:

 \succ methodology of abstract thinking for systematization of quantitative and qualitative characteristics of the physiological state of the organism and the environment;

> methodology for measuring the physical characteristics of a biological object.

Be able to:

- to identify objective, physical processes in biological systems and determine their relationship with the fundamental laws of physics;
- use analog and digital measuring instruments to measure the mechanical properties of liquids, electrical and optical characteristics of biological objects, dosimetry;
- to evaluate the resolution and resolution limit of an optical microscope, to characterize the properties of images obtained in a lens, eyepiece, microscope, to find instrument errors of analog and digital measuring instruments.

Possess:

- abstract thinking methodology for making conclusions about the results of measurements of physical characteristics of biological objects and mathematical processing of the data obtained;
- methods for measuring physical quantities using analog and digital measuring instruments, methods for estimating errors of direct and indirect measurements.

2. Position of the academic discipline in the structure of the General Educational Program of Higher Education (GEP HE) of the organization.

2.1. The discipline <u>« Medical physics »</u> refers to the core part of Block 1 (B1.E.9) of GEP HE. The discipline is taught in 1st and 2nd semesters, 1year of study.

2.2. The following knowledge, skills and abilities formed by previous academic disciplines are required for mastering the discipline:

- school physics course,

- school math course.

2.3. Mastering the discipline is required for forming the following knowledge, skills and abilities for subsequent academic disciplines: physiology, biochemistry, microbiology and virology, hygiene, public health, radiation diagnostics and radiation therapy.

3. Deliverables of mastering the academic discipline and metrics of competence acquisition

Mastering the discipline aims at acquiring the following universal (UC) or/and general professional (GPC) or/and professional (PC) competencies

				As a result of mastering the discipline, the			
	Compe-	The content	Code and name of the		students should	1:	
№	tence	of the competence	competence				
	code	(or its part)	acquisition metric	know	be able to	possess	
1.	UC-1	Able to carry out a	<u>ID-1_{UC-1.1}</u>	methodology	to gain new	the methodo-	
		critical analysis of	Knows: methods of	of abstract	knowledge	logy of abstract	
		problem situations	critical analysis and	thinking for	based on ana-	thinking for	
		based on a systematic	evaluation of modern	systematizatio	lysis,	making	
		approach.	scientific achievements;	n of	synthesis, to	conclusions	
		develop an action	basic principles of critical	quantitative	identify	about the results	
		strategy	analysis.	and qualitative	objective,	of	
		Sumogy	$\frac{ID-2_{UC-1.2}}{C}$	characteristics	physical .	measurements	
			Can: acquire new	of the	processes in	of the physical	
			knowledge based on	physiological	biological	characteristics	
			analysis, synthesis; collect	state of the	systems and to	of biological	
			data on complex scientific	organism and	determine their	objects and	
			problems related to the	the	connection	mathematical	
			for information and	surrounding	demontal laws	the date	
			solutions based on	environment.	of physics	obtained	
			actions experiment and		of physics.	obtained.	
			experience				
			ID-3 volta				
			Has practical experience:				
			research of professional				
			activity samples with the				
			use of analysis, synthesis				
			and other methods of				
			intellectual activity:				
			development of an action				
			strategy for solving				
			professional problems.				

* Competence achievement indicator – a set of planned learning outcomes in disciplines (modules) and practices that ensure the formation of all graduate competencies established by the specialty program.

These are generalized characteristics that clarify and reveal the formulation of competence in the form of specific actions performed by a graduate who has mastered this competence. Indicators should be comparable to labor functions and/or labor actions (professional standard), but not equal to them. Indicators of competence achievement should be measured using the means available in the educational process.

4. Sections of the academic disci	pline and competence	ies that are formed whe	n mastering them:
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	4. Sections	of the academic discipline a	nd competencies that are formed when mastering them:
№	Competence code	Section name disciplines	The content of the section in didactic units
1.	UC-1	Biomechanics	Bioacoustics. Biophysics of hearing. Biological effect of infrasound waves. Physical foundations of the Korotkov sound method. Physical fundamentals of medical ultrasound application. Physical fundamentals of hemodynamics. Medical materials science. Mechanical properties of biological tissues. Surface tension and viscosity of biological fluids.
2.	UC-1	Molecular physics, thermodynamics	Thermodynamicsofbiologicalobjects.Thermodynamics of open systems. Humidity.
3.	UC-1	Electrical properties of organs and tissues of the human body, the effect of electromagnetic fields	Passive electrical properties of living tissues. Impedance measurement. The impedance of living tissues. The effect of the UHF electromagnetic field on dielectric conductors. Low-frequency therapy.
4.	UC-1	Medical optics	Medical polarimetry. Optical anisotropy in living tissues. Medical microscopy.
5.	UC-1	Physical fundamentals of medical introscopy	Physical fundamentals of radiology. The use of X-ray radiation in medicine. Physical fundamentals of medical tomography. The structure of the massive anode of X-ray tubes. Computed tomography.

5. Volume of the academic discipline and types of academic work

	Labor	intensity	Labor intensity (AH) in			
Type of educational work	volume in credit	volume in academic	seme	sters		
	units (CU)	hours (AH)	semester 1	semester 2		
Classroom work, including	1,2	44	22	22		
Lectures (L)	0,3	12	6	6		
Laboratory practicum (LP)	FSES are not provided					
Practical (P)	0,9	32	16	16		
Seminars (S)	FSES are not provided					
Student's individual work (SIW)	0,8	28	14	14		
Mid-term assessment						
CREDIT						
TOTAL LABOR INTENSITY	2	72	36	36		

6. Content of the academic discipline

6.1. Sections of the discipline and types of academic work

N⁰	Semester	Name of the section of the academic discipline –		Types of academic work* (in AH)				
	No.			LP	Р	S	SIW	total
1.	1	Biomechanics	4		10		4	18
2.	1	Molecular physics, thermodynamics			3		6	9
3.	1,2	Electrical properties of organs and tissues of the human body, the effect of electromagnetic fields	2		6		8	16
4.	2	Medical optics	3		10		4	17
5.	2	Physical fundamentals of medical introscopy	3		3		6	12
		CREDIT						
		TOTAL	12		32		28	72

* - L – lectures; LP – laboratory practicum; P – practicals; S – seminars; SIW – student's individual work.

6.2. Thematic schedule of educational work types:

6.2.1. Thematic schedule of lectures

№	Name of lecture topics	semester 1	semester 2
1.	Bioacoustics.	1,5	
2.	Physical fundamentals of medical ultrasound application.	1	
3.	Physical foundations of the Korotkov sound method.	0,5	
4.	Physical fundamentals of hemodynamics.	1	
5.	Passive electrical properties of human body tissues.	1	
6.	Physical foundations of rheography.	1	
7.	Medical microscopy.		3
8.	Physical fundamentals of radiology. Application X-ray		2
	radiation in medicine.		
9.	Physical fundamentals of medical tomography.		1
	TOTAL (total – 12 AH)	6	6

6.2.2. The thematic plan of laboratory practicums

- FSES are not provided.

6.2.3. Thematic plan of practicals

N⁰		Volume in AH	
	Name of practical classes	semester 1	semester 2
1.	Medical materials science.	5	
2.	Mechanical properties of biological tissues.	3	
3.	Determination of the molecular weight of biomolecules by a viscometer.	4	
4.	Measurement of the viscosity coefficient by a medical viscometer.	4	
5.	Humidity of the air.		2
6.	Temperature measurement with a thermocouple, thermistor.		2
7.	Passive electrical properties of tissues.		3
8.	The effect of the UHF electromagnetic field on dielectrics, conductors.		3
9.	Medical polarimetry.		3
10.	Concentration colorimetry.		3
	TOTAL (total – 32 AH)	16	16

6.2.4. Thematic plan of seminars

- FSES are not provided.

6.2.5. Types and topics of student's individual work (SIW)

n/a	Types and topics of SRS*	Volume in AH	
		Semester 1	Semester2
1.	Biophysics of hearing. Biological effect of infrasound waves. HW, DEW	4	
2.	Entropy of open systems. Thermodynamic equilibrium. HW, DEW	6	
3.	Equivalent electrical circuits of living tissues. HW, DEW	4	4
4.	Optical anisotropy in living tissues. HW, DEW		4
5.	Computed tomography. HW, DEW		6
	TOTAL (total - 28)	14	14

***Types of independent work: work with literary and other sources of information on the section under study, including in an interactive form, homework (HW), work with electronic educational resources posted on the educational portal of the University, distance education website (DEW), etc.*

6. Types of assessment formats for ongoing monitoring and mid-term assessment

	Se	Types of control		Name of		Assessment formats			
№	mes ter No.			section of academic discipline	Competen- ce codes	types	number of test questions	number of test task options	
			Control of	Biomechanics		Test	30	20 - Computer testing (the variant is formed by random sampling)	
		Current	mastering the topic		00-1	Testing of practical skills.	3	20	
1.	1	toring				Interview	2	50	
			Monito- ring the student's individual work			Writing a test paper (or preparing an audio report)	8	45	
		Current monito- ring	Control of mastering the topic	Molecular physics, thermodyna		Test tasks. Oral individual survey.	30	20 - Computer testing (the variant is formed by random sampling)	
				mics		Current testing. Control work.	6	12	
2.	1			UC-1	Current testing. Oral individual survey.	20	50		
			Monito- ring the student's individual work			Writing a report on an individual task (or preparing an audio report).	20	12	
		Current	Control	Electrical properties of organs and		Test tasks. Oral individual survey.	30	20 - Computer testing (the variant is formed by random sampling)	
3.	1	monito- ring	mastering	tissues of the human body,	UC-1	Current testing. Control work.	6	12	
			the topic	the effect of electro- magnetic fields		Current testing. Oral individual survey.	20	30	

			Monito- ring the student's individual work			Writing a report on an individual task (or preparing an audio report).	20	12
4.	1	Current monitor ing	Control of mastering the topic	Medical optics	UC-1	Test tasks. Oral individual survey. Current testing. Control work. Current testing. Oral individual survey.	20 6 20	20 - Computer testing (the variant is formed by random sampling) 12 30
			Monito- ring the student's individual work			Writing a report on an individual task (or preparing an audio report).	20	12
			Control of	Physical fundamentals of medical		Test tasks. Oral individual survey.	30	Computer testing (the variant is formed by random sampling)
		Current	mastering	introscopy.		Current testing. Control work.	6	12
5.	1	ing	the topic		UC-1	Current testing. Oral individual survey.	20	20
			Monito- ring the student's individual work			Writing a report on an individual task (or preparing an audio report).	20	12
6.	1	Mid- term assess	CREDIT	All sections	UC-1	Test tasks.	200	Computer testing (the variant is formed by random sampling)
		ment				Oral individual survey.	4	12

8. Educational, methodological and informational support for mastering the academic discipline (printed, electronic publications, the Internet and other network resources)

8.1. Key literature references

N⁰	Name according to bibliographic requirements	Number of copies	
		at the department	in the library
1.	Raymond A. Serway, John W. Jewett. Physics for Scientists and		
	Engineers with Modern Physics, 10th Edition, 2019 1254 p.		
2.	Miles Hudson. Pearson Edexcel International Advanced Level (IAL)		
	Physics Student Book and ActiveBook 1, 2018 224 p.		
3.	Miles Hudson. Pearson Edexcel International Advanced Level (IAL)		
	Physics Student Book and ActiveBook 2, 2018 224 p.		
4.	Michael Nelkon. Advanced Level Physics, 7th Edition, 1996 960 p.		

8.2. Further reading

N⁰	Name according to bibliographic requirements	Number of copies	
		at the department	in the library
1.	Malinovskaya S.L., Iydin D.I., Drygova O.V. Physics problem		
	book. – Nizhny Novgorod: Publishing House of Privolzhsky		
	Research Medical University, 2023 116 p.		
2.	Malinovskaya S.L., Iydin D.I., Drygova O.V. Physics and		
	Biophysics problem book – Nizhny Novgorod: Publishing House of		
	Privolzhsky Research Medical University, 2023 112 p.		
3.	Monich V.A. Physics and medical physics. – Nizhny Novgorod:		
	Publishing House of Privolzhsky Research Medical University,		
	2018 116 p.		
4.	Monich V.A. Medical physics and biological problems. – Nizhny		
	Novgorod: Publishing by Nizhny Novgorod State Medical		
	Academy, 2009 68 p.		

8.3. Electronic educational resources for teaching academic subjects

8.3.1. Internal Electronic Library System of the University (IELSU)

	Name of the	Brief description (content)	Access conditions	Number of users
N⁰	electronic			
	resource			
	Internal	The works of the academic staff of the	from any computer located on the	Not limited
	Electronic	Academy: textbooks and manuals,	Internet, using an individual login and	
	Library System	monographs, collections of scientific	password [Electronic resource] –	
	(EBS)	papers, scientific articles, dissertations,	Access mode:	
		abstracts of dissertations, patents.	http://95.79.46.206/login.php	

8.3.2. Electronic educational resources acquired by the University

	Name of the	Brief description (content)	Access conditions	Number of users
N⁰	resource			
1.	Electronic database "Student Consultant"	Educational literature + additional materials (audio, video, interactive materials, test tasks) for higher medical and pharmaceutical education. Publications are structured by specialties and disciplines in accordance with the current Federal State Educational	from any computer located on the Internet, using an individual login and password [Electronic resource] – Access mode: http://www.studmedlib.ru /	General PIM subscription
2.	Electronic library system "Bukap"	Standards of Higher Education. Educational and scientific medical literature of Russian publishers, including translations of foreign publications.	from any computer located on the Internet by login and password, from the computers of the academy. The publications for which a subscription is issued are available for reading. [Electronic resource] – Access mode: http://www.books-up.ru/	General PIM subscription
3.	"Bibliopoisk"	Integrated "single window" search service for electronic catalogs, EBS and full-text databases. The results of a single search in the demo version include documents from domestic and foreign electronic libraries and databases available to the university as part of a subscription, as well as from open access databases.	PIM has access to the demo version of the Bibliopoisk search engine: http://bibliosearch.ru/pimu.	General PIM subscription

	Domestic	Periodicals on medical subjects and on	- from the academy's computers on	
4.	electronic	higher school issues	the electronic library platform	
	periodicals		eLIBRARY.RU	
			-magazines Media Sphere Publishing	
			house - from library computers or	
			provided by by the library at the	
			request of the user [Electronic	
			resource] – Access mode:	
			https://elibrary.ru/	
	International	Web of Science covers materials on	Access is free from PIM computers	Access is free
	scientometric	natural, technical, social, and	[Electronic resource] – Access to the	from PIM
	database "Web of	humanitarian sciences; takes into account	resource at:	computers
5	Science Core	the mutual citation of publications	http://apps.webofknowledge.com	
5.	Collection"	developed and provided by Thomson		
		Reuters; has built-in capabilities for		
		searching, analyzing, and managing		
		bibliographic information.		

8.3.3 Open access resources

Name of the electronic	Brief description (content)	Access conditions
resource		
Federal Electronic	It includes electronic analogues of printed publications and	from any computer located on the
Medical Library	original electronic publications that have no analogues recorded	Internet
(FEMB)	on other media (dissertations, abstracts, books, magazines, etc.).	
	[Electronic resource] – Access mode: http://нэб.рф/	
Scientific Electronic	The largest Russian information portal in the field of science,	from any computer located on the
Library	technology, medicine and education, containing abstracts and full	Internet.
eLIBRARY.RU	texts of scientific articles and publications. [Electronic resource]	
	 Access mode: https://elibrary.ru / 	
Open Access Scientific	Full texts of scientific articles with annotations published in	from any computer located on the
Electronic Library	scientific journals of Russia and neighboring countries.	Internet
CyberLeninka	[Electronic resource] – Access mode: https://cyberleninka.ru /	
Russian State Library	Abstracts for which there are copyright agreements with	from any computer located on the
(RSL)	permission for their open publication [Electronic resource] -	Internet
	Access mode: http://www.rsl.ru /	
Legal reference system	Federal and regional legislation, judicial practice, financial	from any computer located on the
"Consultant Plus"	advice, comments on legislation, etc.	Internet
	[Electronic resource] – Access mode: http://www.consultant.ru/	
Official website of the	National clinical guidelines.	from any computer located on the
Ministry of Health of	[Electronic resource] – Access mode: cr.rosminzdrav.ru - Clinical	Internet
the Russian Federation	recommendations	
Official website of the	Modern materials and clinical recommendations for the diagnosis	from any computer located on the
Russian Respiratory	and treatment of respiratory diseases	Internet
Society	[Electronic resource] – Access mode: <u>www.spulmo.ru</u> – Russian	
	Respiratory Society	
Official website of the	Modern materials and clinical recommendations for the diagnosis	from any computer located on the
Russian Scientific	and treatment of diseases of internal organs	Internet
Society of Therapists	[Electronic resource] - Access mode: www.rnmot.ru - Russian	
	Scientific Society of Therapists	

9. Material and technical support for mastering an academic discipline

9.1. List of premises for classroom activities for the discipline

9.1.1. *For lectures there are:*

- BFC lecture halls (large and small halls);
- lecture hall of the Morphological Building;
- lecture hall of dormitory No. 3;
- lecture hall of building No. 9.

9.1.2. For practical training on the basis of building No. 2 there is:

- 4 specially equipped rooms (classrooms) for seminars and practical classes in the study of disciplines; - 4 display classes.

9.2. List of equipment for classroom activities for the discipline:

9.2.1. *Classrooms equipped with:*

educational boards, educational furniture, teaching materials, PC, overhead projector, multimedia projector, laptop, Internet access.

9.2.2. <u>A set of experimental equipment:</u>

- 1. Laboratory scales SC 2020.
- 2. Analytical scales ALC-80d4.
- 3. Dosimeters.
- 4. The conductometer is portable.
- 5. PWT conductometer tester.
- 6. Lasers.
- 7. Luxmeters.
- 8. Multimeter 2000 E.
- 9. Biological microscopes.
- 10. Headphones.
- 11. Pulse oximeter.
- 12. pH meters.
- 13. IRF-464 refractometers (with backlight).
- 14. Installations for studying the phenomena of the photoelectric effect.
- 15. Photoelectrocolorimeters KFK-3.
- 16. Personal computers TCN.
- 17. BENQ monitors.
- 18. Laser printer.
- 19. Laptops.
- 20. Video lectures.
- 21. Videos for laboratory work.
- 22. Presentations of lectures.

*laboratory, instrumental equipment (specify which one), multimedia complex (laptop, projector, screen), TV, video camera, slide show, video recorder, PC, video and DVD players, monitors, sets of slides, tables/multimedia visual materials on various sections of the discipline, videos, whiteboards, etc.

9.3. Set of licensed and freely distributed software, including domestic production

$\overline{\mathcal{N}}$	Software	Number of licenses	Type of software	Manufacturer	Number in the unified	<i>№ and contract date</i>
					register of	
					Russian	
					software	
1.	Wtware	100	Thin Client	Kovalev	1960	2471/05-18 of
			Operating System	Andrey		28.05.2018
				Alexandrovich		
2.	My Office Is Standard.	220	Office Application	LLC " NEW	283	without
	A corporate user license			CLOUD		limitation,
	for educational			TECHNO-		with the right
	organizations, with no			LOGIES "		to receive
	expiration date, with the					updates for 1
	right to receive updates					year.
	for 1 year.					
3.	LibreOffice		Office Application	The Document	Freely	
				Foundation	distributed	
					software	
4.	Windows 10 Education	700	Operating systems	Microsoft	Subscrip-tion	
					Azure Dev	
					Tools for	
					Teaching	
5.	Yandex.Browser		Browser	LLC	3722	
				«YANDEX»		
6.	Subscription to MS	170	Office Application	Microsoft		23618/HH100
	Office Pro for 170 PCs					30 LLC
	for the FSBEI HE					"Softline
	PRMU MOH Russia					Trade " of
						04.12.2020

10. List of changes to the working program (to be filled out by the template)

Federal State Budgetary Educational Institution of Higher Education "Privolzhsky Research Medical University" Ministry of Health of the Russian Federation (FSBEI HE "PRMU" of the Ministry of Health of Russia)

Department of *MEDICAL BIOPHYSICS*

CHANGE REGISTRATION SHEET

working program for the academic discipline **MEDICAL PHYSICS**

Field of study / specialty / scientific specialty:

Training profile:

(name) - for master's degree programs

Mode of study: _____

full-time/mixed attendance mode/extramural

Position	Number and name of	Contents of the changes made	Effective date of	Contributor's
	the program section		the changes	signature
1				

Approved at the department meet:	ing
Protocol Noof	20
	20

Head of the Department

department name, academic title

signature

print name

(code, name)